

## Emergency Care Plans for Long Term Conditions Kidney Failure

### Patient Details

Name:  
(forename/surname)

NHS no:

DOB:

GP:  
(registered GP address)

Hospital No:

Next of Kin:

Next of kin tel no:

**Name of Community Practitioner**

**Tel:**

**Mobile:**

### Action Plan (self management) signs of deterioration

The symptoms of kidney failure are discussed in the two leaflets;  
**Conservative Management of Uraemia: Information for Patients and Families and Conservative Management of Uraemia: Information for Health Professionals.**  
Sometimes you may also have other long term conditions that may cause symptoms. Common conditions that occur with kidney failure include diabetes and heart disease, but any other medical complaint may be present by coincidence. These other conditions may give rise to more symptoms than the kidney failure.

Common symptoms of kidney failure may include:

- **Tiredness**
- **Itching or skin rashes**
- **Difficulty breathing or shortness of breath**
- **Poor appetite**
- **Nausea or sickness**
- **Low mood**
- **Cramps, twitching and restless legs**
- **Pain (but this is not a common symptom of kidney failure, and is usually caused by something else)**

### Indications for urgent medical attention

Your GP and nursing team also have a leaflet on managing symptoms of kidney failure. **'Treating the symptoms of kidney failure information for health professionals.'**

Most of the symptoms of kidney failure can be managed at home.

The most upsetting symptom can be getting short of breath or finding it hard to breath.

Not everyone will get this symptom. If you do then it can usually be treated effectively, but it's important that you ask for help early. Other symptoms are discussed in your leaflet.



## Information for emergency services

### Allergies

### Medications

### Past medical history

### Normal baseline observations

Blood pressure:	Heart Rate:	Respiratory Rate:
Oxygen saturations:	MRC (dyspnoea scale):	Temperature:

### Professional network

Name	Address	Phone no	Relationship to patient
Renal Specialist Nurses	3 <sup>rd</sup> Floor Admin Block, York Hospital, Wigginton Rd, YO31 8HE	01904 725486/1325	Renal Specialist Nurse

Name:

Signature:

Designation:

Date: