



York and Scarborough
Teaching Hospitals
NHS Foundation Trust

Macmillan Lung Cancer Clinical Nurse Specialists

Information for patients, relatives and carers

① For more information, please contact your
Macmillan Lung Clinical Nurse Specialist

York Team Telephone: 01904 726956
Scarborough Team Telephone: 01723 342493

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Introduction

You have been given this leaflet to provide you with information about the Macmillan Lung Clinical Nurse Specialists (CNSs). We hope you find it useful. If you have any further questions please feel free to ask.

Who are the Macmillan Lung Clinical Nurse Specialists?

The Macmillan Lung Clinical Nurse Specialists are registered nurses who have specialist training in caring for patients with lung cancer and mesothelioma. They are based in the hospital and work as members of the lung cancer multi-disciplinary team. You may also hear your CNS referred to as your 'Key Worker'.

Who is the service for?

The service is available for anyone who is attending lung cancer diagnostic tests and for those who have been diagnosed with a cancer of the lung and those who care for them.

How can the Macmillan Clinical Nurse Specialists help?

A Macmillan Clinical Nurse Specialist can offer:

- Information about investigations, illness and treatment and a chance to talk it all through.
- Support and advice for you and your family.
- A point of contact for you and your family within the hospital.
- Advice on managing symptoms such as breathlessness as a result of your illness or treatment.
- Identifying sources of practical help.
- Liaise with other people who may be involved in your care. This could be hospital doctors, your GP, district nurse or other specialist nurses.
- Provide you with expert knowledge managing lung cancer or mesothelioma.
- Communicate with you to formulate an individual care plan to help support you and your family.

Where and when may I see a Macmillan Clinical Nurse Specialist?

Initially a Macmillan Clinical Nurse Specialist will see you at one of your clinic visits or contact you by phone (unless you are admitted to hospital) then they may see you on a ward. Following this you will have regular contact throughout your investigations and treatment.

How can I contact my CNS?

Your **York** Macmillan Lung Cancer Specialist Nurse can be contacted Monday – Friday between 9am & 4pm on 01904 726956.

Your **Scarborough** (also covering Whitby and Bridlington) Macmillan Lung Cancer Specialist Nurse can be contacted Monday – Thursday between 8am & 4pm on 01723 342493.

The Macmillan Clinical Nurses Specialists are frequently away from the office visiting patients or attending clinics but please do use their answer phone facility, leave a message and they will return your call as soon as they are able to. If for any reason you are having problems and cannot contact them, please ring your own GP.

Useful addresses & contact details

Macmillan Lung Cancer Nurse Specialists – Scarborough

The Respiratory office, Scarborough Hospital,
Woodlands Drive, Scarborough YO12 6QL
Tel: 01723 342446

Macmillan Lung Cancer Nurse Specialists – York

3rd Floor, Administration Block, York Hospital,
Wigginton Road, York YO31 8HE
Tel: 01904 726956

Mesothelioma UK

University Hospitals of Leicester NHS Trust
Glenfield Hospital, Hospital Management Offices
Groby Road, Leicester LE3 9QP
Tel: 0800 1692409 www.mesothelioma.uk.com

Macmillan Cancer Support

89 Albert Embankment, London, SE1 7UQ
Helpline Tel: 0808 808 0000 www.macmillan.org.uk

Supporting people affected by cancer, offer information and advice may be able to help financially.

The Roy Castle Lung Cancer Foundation

Rothsay House, 134 Douglas Street, Glasgow, G2 4HF
Tel: 0333 323 7200 www.roycastle.org.uk

UK charity dedicated to helping people affected by lung cancer. They offer information, advice and support.

Tell us what you think of this leaflet

We hope that you found this leaflet helpful. If you would like to tell us what you think, please contact: Sarah Berwick, Macmillan Lung Clinical Nurse Specialist, The York Hospital, Wigginton Road, York, YO31 8HE or telephone 01904 726956.

Teaching, Training and Research

Our Trust is committed to teaching, training and research to support the development of health and healthcare in our community. Healthcare students may observe consultations for this purpose. You can opt out if you do not want students to observe. We may also ask you if you would like to be involved in our research.

Patient Advice and Liaison Service (PALS)

PALS offers impartial advice and assistance to patients, their relatives, friends and carers. We can listen to feedback (positive or negative), answer questions and help resolve any concerns about Trust services.

PALS can be contacted on 01904 726262, or email pals@york.nhs.uk.

An answer phone is available out of hours.

Leaflets in alternative languages or formats

Please telephone or email if you require this information in a different language or format, for example Braille, large print or audio.

如果你要求本資 不同的 或 式提供，電
或發電

Jeżeli niniejsze informacje potrzebne są w innym języku lub formacie, należy zadzwonić lub wysłać wiadomość e-mail

Bu bilgileri değişik bir lisanda ya da formatta istiyorsanız lütfen telefon ediniz ya da e-posta gönderiniz

Telephone: 01904 725566

Email: access@york.nhs.uk

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