



York and Scarborough
Teaching Hospitals
NHS Foundation Trust

The Breast Multi-Disciplinary Team (MDT)

Information for patients, relatives and carers

The Breast MDT members meet in York every Monday afternoon and Thursday morning (except for Bank Holidays)

① For more information, please contact:

The Breast Care Nursing Team
Telephone: 01904 726775

The York Hospital
Wigginton Road, York, YO31 8HE

Or email yhs-tr.yorkbreastcarenurses@nhs.net

The MDT

The team members specialise in the care and management of breast cancers. All patients are discussed at the MDT and the team will agree an individualised treatment plan.

Following the meeting the outcome will be discussed with you by a Breast Consultant or Specialist Nurse Practitioner. You are welcome to have copy letters of the consultation.

The Breast Care Nursing Team encourages open contact for you to phone or email with any questions or concerns. Members of the team work together to support and advise you, liaising with the consultants responsible for your care.

The Team members are:

Consultant Breast Surgeon

A doctor who diagnoses breast conditions and performs breast surgery including reconstruction.

Consultant Breast Oncologist

A doctor who prescribes drug treatments and radiotherapy for breast cancers.

Breast Clinician

A doctor who diagnoses conditions of the breast including cancer.

Consultant Breast Radiologist

A doctor who interprets breast images; mammograms, MRI and Ultrasound and takes tissue samples.

Consultant Breast Radiographer

Interprets breast imaging; mammograms, Ultrasound and takes tissue samples.

Breast Radiographer, Breast Ultrasonographer

Advanced Practice Radiographer

Specialists in breast imaging.

Consultant Pathologist

A doctor who analyses breast tissue.

Lymphoedema Physiotherapy Specialist

A physiotherapist who manages arm swelling.

Specialist Breast Nurse Practitioner

Trained in breast examination to assess and support diagnosis, follow-up and ongoing needs.

Specialist Breast Care Nurse

A specialist nurse that provides information, support and help with making decisions. The breast care nurse also specialises in post-operative care of breast patients. They provide support during treatment and encourage open contact after diagnosis to meet your needs.

Consultant Cancer Psychologist

A clinical psychologist who provides psychological support for people affected by cancer.

Research Team

A team that co-ordinates clinical trials and collect data.

Palliative Care Team

Supports the management of symptoms and improves the quality of life for patients.

Breast Nurse Practitioner

Assesses and supports diagnosis, follow-up and ongoing needs.

Surgical Care Nurse Practitioner

Assists with diagnostic and surgical procedures.

MDT Lead

Directs co-ordinated patient care.

MDT Co-ordinator

Team administrator.

Tell us what you think of this leaflet

Our Trust is committed to teaching, training and research to support the development of health and healthcare in our community. Healthcare students may observe consultations for this purpose. You can opt out if you do not want students to observe. We may also ask you if you would like to be involved in our research.

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Patient Advice and Liaison Service (PALS)

PALS offers impartial advice and assistance to patients, their relatives, friends and carers. We can listen to feedback (positive or negative), answer questions and help resolve any concerns about Trust services.

PALS can be contacted on 01904 726262, or email yhs-tr.patientexperienceteam@nhs.net.

An answer phone is available out of hours.

Leaflets in alternative languages or formats

If you would like this information in a different format, including braille or easy read, or translated into a different language, please speak to a member of staff in the ward or department providing your care.

Patient Information Leaflets can be accessed via the Trust's Patient Information Leaflet website:
www.yorkhospitals.nhs.uk/your-visit/patient-information-leaflets/

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