

Iron Sucrose

Information for patients, relatives and carers

① For more information, please contact: Medical Elective Services (MES) York Hospital, Wigginton Road, YO31 8HE, telephone 01904 721062 or email MESpatientenquiries@york.nhs.uk

Information about Iron Deficiency Anaemia

Iron deficiency anaemia occurs when there are a reduced number of red blood cells in the body. This occurs when absorption of iron is insufficient. In iron deficiency haemoglobin, which contains iron, cannot be formed. The main symptoms include tiredness and a lack of energy.

Information about Intravenous Iron

Your consultant has referred you for a course of Intravenous Iron .Your consultant will specify how regularly you are to attend for your infusions.

This can vary from once a week, fortnightly or monthly.

Also your consultant will decide how many of these infusions to give you, usually between six and eight.

Intravenous Iron is given when you are unable to take oral Iron tablets, or the Iron tablets have not worked. Your Iron infusion will be given by the nurses on Medical Elective Services (MES).

Once you have been admitted onto MES, a cannula will be inserted into a vein in your arm. Blood samples will then be taken from this before each infusion.

This will enable us to monitor your iron levels throughout. Two hundred milligrams of Iron Sucrose will then be administered through your cannula, over two – five minutes.

During the infusion you may notice a metallic/licuorice taste in your mouth; this is not uncommon and should pass quickly.

Uncommon side effects include:

Headache, reactions around the cannula site or gastrointestinal disturbances.

On very rare occasions an allergic reaction may occur (anaphylaxis) symptoms include feeling dizzy, light-headed or faint, swelling of the face or difficulty breathing.

It is very important to inform a member of staff if any of these symptoms occur.

After your infusion you will be offered a drink and left to rest for 30 minutes. Your cannula will then be removed and your next appointment given.

Teaching, training and research

Our Trust is committed to teaching, training and research to support the development of health and healthcare in our community. Healthcare students may observe consultations for this purpose. You can opt out if you do not want students to observe. We may also ask you if you would like to be involved in our research.

Patient Advice and Liaison Service (PALS)

PALS offers impartial advice and assistance to patients, their relatives, friends and carers. We can listen to feedback (positive or negative), answer questions and help resolve any concerns about Trust services. PALS can be contacted on 01904 726262, or email pals@york.nhs.uk. An answer phone is available out of hours.

Tell us what you think of this leaflet

We hope that you found this leaflet helpful. If you would like to tell us what you think, please contact: Sister Laura Rycroft, MES, York Hospital, Wigginton Road, York, YO31 8HE, telephone 01904 721062 or email laura.rycroft@york.nhs.uk

Leaflets in alternative languages or formats

Please telephone or email if you require this information in a different language or format, for example Braille, large print or audio.

如果你要求本資 不同的 或 式提供 , 電或發電

Jeżeli niniejsze informacje potrzebne są w innym języku lub formacie, należy zadzwonić lub wysłać wiadomość e-mail

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