

## Faecal calprotectin guidance for patients being managed in secondary care

### ◆ **Cut-offs to assist with the diagnosis of IBD:**

- **Negative:** <100µg/g – IBS likely
- **Intermediate:** 100-250µg/g - Repeat. A second intermediate result means that IBD is not excluded. Routine investigation required
- **Positive:** >250µg/g – Repeat. A second result >250µg/g means that IBD is likely. Urgent investigation required.

### ◆ **Interpretation of results for IBD monitoring:**

- <100µg/g can reliably indicate patients with low risk of clinical relapse, in endoscopic remission for whom invasive endoscopic procedures can be avoided.
- 100 – 250µg/g may indicate the necessity for tighter control to assess disease development
- >250µg/g should be repeated and if levels remain high then further investigative procedures should be performed