



Treasure Chest

Breastfeeding support  
from mum to mum



# Nurture

## Breastfeeding Group

Offering antenatal and postnatal women the opportunity to meet in an informal, social setting.

A Health Visitor and/or Treasure Chest Peer Supporter will be available to help with any breastfeeding questions.

### Tuesdays

**10am-12pm**

The Avenues Children's  
Centre YO31 0UT

10am-11am

Babies under 8 weeks or  
**any age** with breastfeeding  
difficulties.

11am-12pm

Social group,  
everyone welcome!

### Thursdays

**1pm-2.30pm**

Hob Moor Children's Centre  
YO24 4PS

For more information contact  
**01904 555475** or **551760**

