



York and Scarborough
Teaching Hospitals
NHS Foundation Trust

Entropion and Ectropion Repair

Information for patients, relatives and carers

Department of Ophthalmology

① For more information, please contact:

York Eye Clinic

York Hospital

Wigginton Road, York, YO31 8HE

Telephone: 01904 726758

Scarborough Eye Clinic

Scarborough Hospital

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Contents	Page
Eyelid surgery	4
What is the treatment?.....	5
What are the risks of this surgery?.....	6
What is the benefit of having this surgery?	6
Tell us what you think of this leaflet.....	7
Teaching, training and research	7
Patient Advice and Liaison Service (PALS)	7
Leaflets in alternative languages or formats	8

Eyelid surgery

Entropion

This is a condition that commonly affects the lower eyelid causing it to turn inwards. The eye lashes then rub on the front of the eye.

This causes discomfort, redness and sometimes a sticky eye. If left untreated it can lead to corneal ulcers.

Ectropion

This is a condition that commonly affects the lower eyelid causing it to turn outwards resulting in persistent watering of the eye.

If the lower eyelid is not resting comfortably next to the eye, tears cannot flow into the tear duct. This results in watering and soreness of the exposed inner eyelid.

What is the treatment?

This involves an operation to turn the eyelid inwards or outwards to its normal position.

This operation is done as a day case.

This operation is usually performed under local anaesthesia, sometimes with sedation. Your eye is numbed with some local anaesthetic so you should not feel anything during the operation.

After your operation the eye is padded until the following morning

You will be given some ointment to apply around the eyelid.

Any sutures that need to be removed will be dealt with in the month following the operation and you will be given a follow up appointment in the Eye Clinic for this.

What are the risks of this surgery?

The risks involved in having this surgery are:

- Your eyelid may be swollen and bruised for a few weeks. This is normal.
- There is a small risk of infection following surgery.
- There is a small risk of under or over correction and very occasionally further surgery may be required.

What is the benefit of having this surgery?

The benefits of having this surgery are that your eyelid will be in a better position and better able to protect your eye.

Tell us what you think of this leaflet

We hope that you found this leaflet helpful. If you would like to tell us what you think, please contact: Denise Brown, Ophthalmic Nurse Practitioner, York Hospital, Wigginton Road, York, YO31 8HE or telephone 01904 726758.

Teaching, training and research

Our Trust is committed to teaching, training and research to support the development of health and healthcare in our community. Healthcare students may observe consultations for this purpose. You can opt out if you do not want students to observe. We may also ask you if you would like to be involved in our research.

Patient Advice and Liaison Service (PALS)

PALS offers impartial advice and assistance to patients, their relatives, friends and carers. We can listen to feedback (positive or negative), answer questions and help resolve any concerns about Trust services.

PALS can be contacted on 01904 726262, or email yhs-tr.patientexperienceteam@nhs.net.

An answer phone is available out of hours.

Leaflets in alternative languages or formats

If you would like this information in a different format, including braille or easy read, or translated into a different language, please speak to a member of staff in the ward or department providing your care.

Patient Information Leaflets can be accessed via the Trust's Patient Information Leaflet website:

www.yorkhospitals.nhs.uk/your-visit/patient-information-leaflets/

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