

What is an Holistic Needs Assessment?

A Holistic Needs Assessment (HNA) gives you a chance to think about your concerns and discuss possible solutions

Having an HNA is about recognising that any area of your life affected by cancer is important, it gives you the time to explore what resources, help and support are available



The concerns can be Physical, Emotional, Practical, Financial and Spiritual concerns.

Once a HNA is completed a care plan is developed, detailing the discussion and any action points. A copy is sent to you and your GP