

# **Eye Drop Regime for patients with Acute Anterior Uveitis**

Information for patients, relatives and carers

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## **You are being started on eye drops/ointment for the inflammation in your eye**

Please follow the regime set out below for **Pred Forte** or **Dexamethasone** drops:

- Use every hour for first 2 days or until your eye feels better,
- then every two hours for next five days.
- week 2 use 6x a day
- week 3 use 4x a day
- week 4 use 3x a day
- week 5 use 2x a day
- week 6 use once a day, then stop

You will also be asked to use **Cyclopentolate** drops twice a day for the first week, these drops sting and dilate your pupil.

You will be reviewed at about a week and the doctor or nurse practitioner will advise you about which drops/ointment to stop and when to reduce them.

**Do not suddenly stop using your using your drops.** Your eye may feel comfortable and your vision better: but inflammation can come back very quickly is stop the medication.

① For more information, please telephone: 01904 726758  
The Eye Clinic, The York Hospital, Wigginton Road, York, YO31 8HE

## Tell us what you think of this leaflet

We hope that you found this leaflet helpful. If you would like to tell us what you think, please contact: Eye Clinic, The York Hospital, Wigginton Road, York, YO31 8HE, telephone 01904 726758 or email [ophthalmologyadminstaff@york.nhs.uk](mailto:ophthalmologyadminstaff@york.nhs.uk).

## Patient Advice and Liaison Service (PALS)

PALS offers impartial advice and assistance to patients, their relatives, friends and carers. We can listen to feedback (positive or negative), answer questions and help resolve any concerns about Trust services.

PALS can be contacted on 01904 726262, or email [pals@york.nhs.uk](mailto:pals@york.nhs.uk).

An answer phone is available out of hours.

## Teaching, training and research

Our Trust is committed to teaching, training and research to support the development of health and healthcare in our community. Healthcare students may observe consultations for this purpose. You can opt out if you do not want students to observe. We may also ask you if you would like to be involved in our research.

## Leaflets in alternative languages or formats

Please telephone or email if you require this information in a different language or format, for example Braille, large print or audio.

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