

Latanoprost

Information for patients, relatives and carers

① For more information, please contact: Eye Clinic
The York Hospital, Wigginton Road, York, YO31 8HE
Tel: 01904 726750

You have been given a drug called Latanoprost which is used to treat Open Angle Glaucoma and Ocular Hypertension.

The medication is designed to reduce the pressure within the eye by increasing the natural outflow of fluid from inside the eye into the bloodstream

Before using the drops

Remove any contact lenses and wait at least 15 minutes before putting them back in.

If you use other eye drops wait five minutes between drops.

How to use the drops

Before using the drops wash your hands thoroughly

- Unscrew the protective cap.
- Gently pull down the lower lid.
- Place the tip of the bottle close to the eye (but not touching).
- Squeeze the bottle gently so that **one** drop goes into the eye, and then release the lower eyelid.
- Press a finger against the corner of the eye by the nose for one minute while keeping the eye closed.
- Repeat in the other eye if necessary.
- Replace the cap on the bottle.

Use your drops as directed by the Clinician, usually once a day, preferably in the evening.

Do not stop your drops unless advised to do so by your Ophthalmologist.

Do not use latanoprost if you are pregnant or breastfeeding.

Possible side effects

- A gradual increase in pigment in the coloured part of the eye. This may be permanent and is more obvious in mixed colour eyes.
- Redness of the eye.
- Irritation (burning, grittiness, itching, stinging or foreign body sensation).
- Changes to the eyelashes, length, thickness and number.

If you experience any problems contact your GP and they will advise you what to do.

Precautions

Keep this medication out of sight and reach of children.

Do not use after the expiry date.

Store unopened bottles in the fridge.

After opening it is not necessary to store in the fridge but do not store it above temperatures of 25°C.

Use within four weeks of opening.

Please see the package leaflet supplied with your eye drops for further information.

Tell us what you think of this leaflet

We hope that you found this leaflet helpful. If you would like to tell us what you think, please contact: Patricia McCready, Eye Clinic, telephone 01904 726750 or email patricia.mccready@york.nhs.uk

Teaching, training and research

Our Trust is committed to teaching, training and research to support the development of health and healthcare in our community. Healthcare students may observe consultations for this purpose. You can opt out if you do not want students to observe. We may also ask you if you would like to be involved in our research.

Patient Advice and Liaison Service (PALS)

PALS offers impartial advice and assistance to patients, their relatives, friends and carers. We can listen to feedback (positive or negative), answer questions and help resolve any concerns about Trust services.

PALS can be contacted on 01904 726262, or email pals@york.nhs.uk.

An answer phone is available out of hours.

Leaflets in alternative languages or formats

Please telephone or email if you require this information in a different language or format, for example Braille, large print or audio.

如果你要求本資 不同的 或 式提供 , 電或發電

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Telephone: 01904 725566

Email: access@york.nhs.uk

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