

## Information for patients, relatives and carers

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# Discharge Following Procedural Sedation

You have received a sedative drug whilst in the Emergency Department.

It is normal to have a short period of memory loss as a result of being given a sedative drug.

**The vast majority of people have an uneventful recovery from sedation.**

**In the 24-hour period after being sedated:**

**Do:**

- Rest
- Drink plenty of fluids and eat a light diet
- Try to ensure there is a responsible adult looking after you or can check on you during the next 24 hours

**Do not:**

- Drive a vehicle for 24 hours
- Operate machinery
- Drink alcohol
- Make any important decisions
- Care for any dependent adults or children without help

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① If you have further concerns about your condition, please contact your GP. If you are not sure what to do, call 111 or get help from 111 online: <https://111.nhs.uk/> [When to use NHS 111 online or call 111 - NHS \(www.nhs.uk\)](#)

## **Patient Advice and Liaison Service (PALS)**

We can listen to feedback (positive or negative), answer questions and help resolve any concerns about Trust services.

PALS can be contacted on 01904 726262, or email [yhs-tr.PatientExperienceTeam@nhs.net](mailto:yhs-tr.PatientExperienceTeam@nhs.net).

An answer phone is available out of hours.

## **Leaflets in alternative languages or formats**

If you require this information in a different language or format, for example Braille, large print, Easy Read or audio, please ask the staff who are looking after you.

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