


**easy read**

## Having an ECG

If you have a learning disability and need support with your appointment please contact the Learning Disability Liaison Nurses:



Jo Blades

 07795 126 473



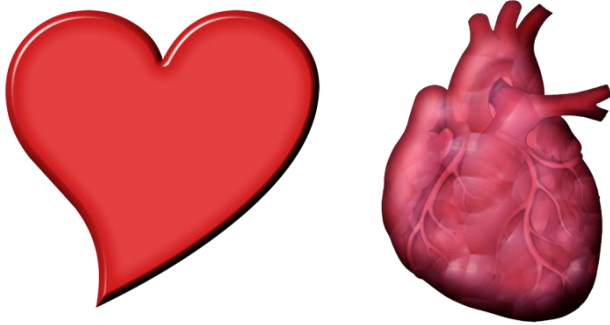
Karen Pearce

 07917 184 539

Information for patients, relatives and carers



The doctor wants you to have an ECG



An ECG looks at your heart beat and records it



This is an ECG machine



ECGs do not cause any pain or discomfort



The nurse will do the ECG



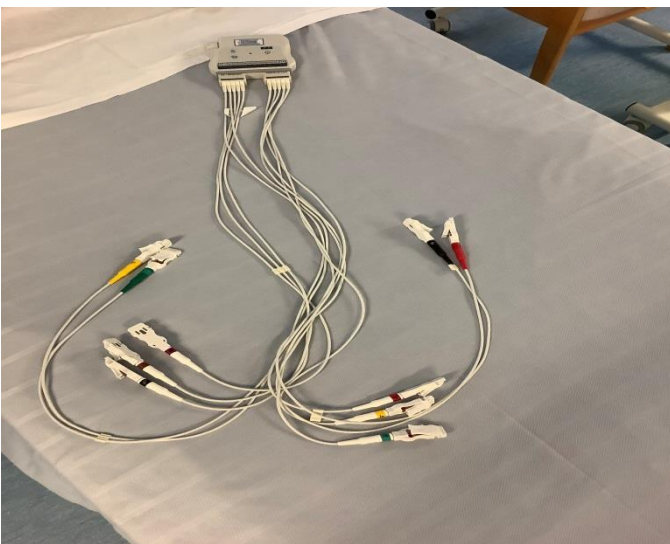
You will lay on your bed for the ECG



You will take off your top clothing



The nurse will apply some small square stickers to your chest



The ECG machine has 10 leads with clips at the ends of them



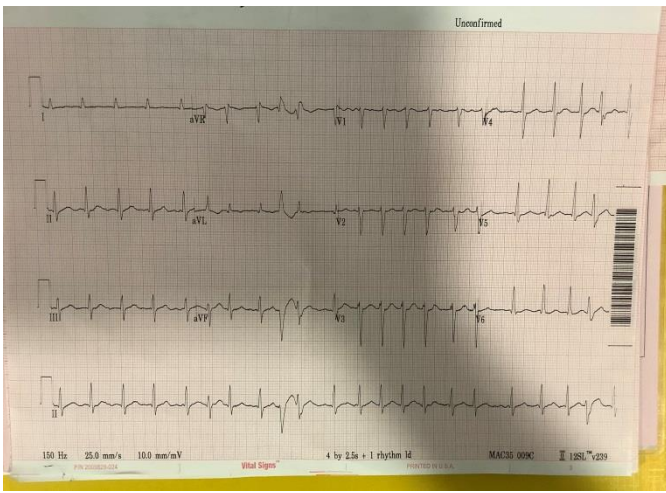
The nurse will clip these leads to the stickers on your chest



You need to lay still



And keep quiet whilst the machine records your heart beat



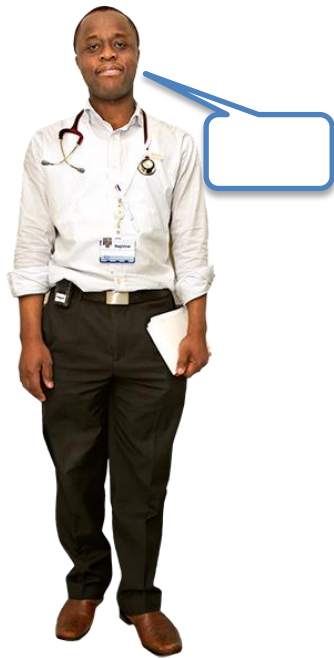
The machine will print a picture of your heart beat



The nurse will give this to the doctor



The nurse will then remove the leads and stickers  
You will put your top back on



The doctor will talk to you about the results

## **Tell us what you think of this leaflet**

We hope that you found this leaflet helpful. If you would like to tell us what you think, please contact Karen Pearce or Jo Blades from the Learning Disability Liaison Team, telephone 07917 184 539 or 07795 126 473 or email karen.pearce@york.nhs.uk or jo.blades@york.nhs.uk.

## **Teaching, training and research**

Our Trust is committed to teaching, training and research to support the development of health and healthcare in our community. Healthcare students may observe consultations for this purpose. You can opt out if you do not want students to observe. We may also ask you if you would like to be involved in our research.

## **Leaflets in alternative languages or formats**

Please telephone or email if you require this information in a different language or format, for example Braille, large print or audio.

如果你要求本資 不同的 或 式提供 , 電或發電

Jeżeli niniejsze informacje potrzebne są w innym języku lub formacie, należy zadzwonić lub wysłać wiadomość e-mail

Bu bilgileri değişik bir lisanda ya da formatta istiyorsanız lütfen telefon ediniz ya da e-posta gönderiniz

Telephone: 01904 725566

Email: access@york.nhs.uk

## **Patient Advice and Liaison Service (PALS)**

PALS offers impartial advice and assistance to patients, their relatives, friends and carers. We can listen to feedback (positive or negative), answer questions and help resolve any concerns about Trust services. PALS can be contacted on 01904 726262, or email pals@york.nhs.uk. An answer phone is available out of hours.

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