



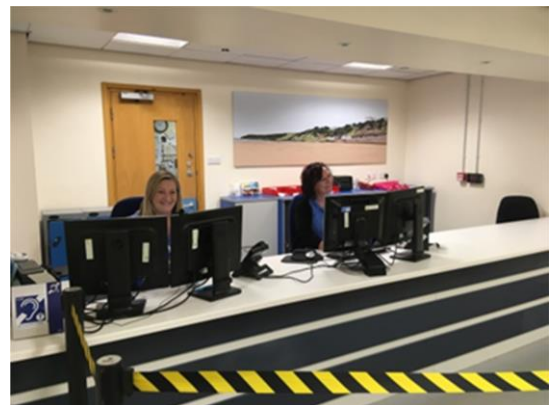
easy read



**York and Scarborough
Teaching Hospitals**
NHS Foundation Trust



Coming to Scarborough hospital to see the eye doctor in outpatients



Information for patients, relatives and carers

If you have a learning disability and need support with your appointment please contact the Learning Disability Liaison Nurses:



Jo Blades

☎ 07795 126 473



Karen Pearce

☎ 07917 184 539



Your doctor or
Optician has asked a
specialist eye doctor
to see you



This appointment is in
the Eye Department in
Outpatients



Your carer can come
with you



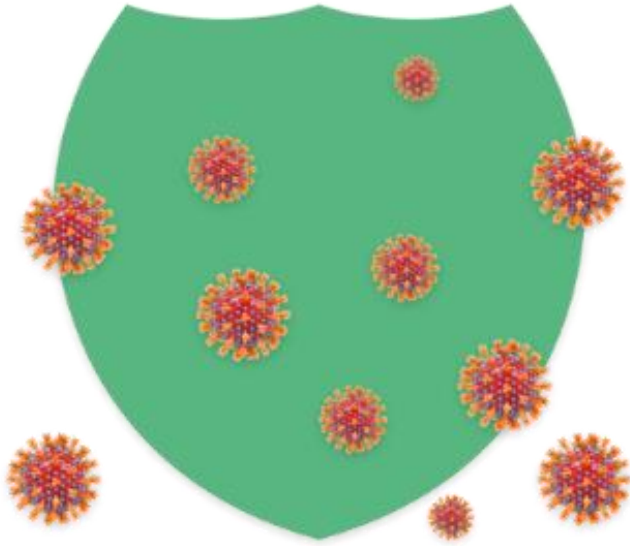
You and your carer will need to wear a face mask



A nurse will meet you at the Outpatients door



They will be wearing special clothes



This is to keep everyone safe



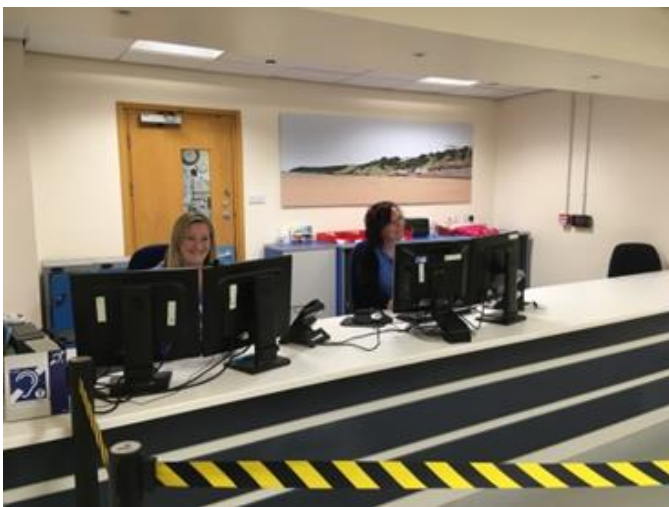
They will take your temperature



This does not touch you

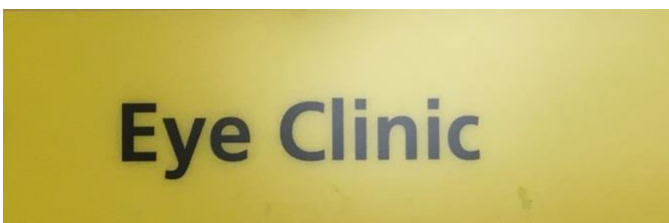


They will ask if you have had a cough, temperature or have lost your smell or taste



Tell the staff at the desk that you are here

They will tell you where to go



This is the sign for the eye clinic where you need to go



You can only walk through Outpatients one way



There are signs to show you



The nurse will meet you



You will sit down to wait in the waiting area



If you need a quiet place to wait we have a room you can use



We also have colouring, games or a DVD player if you would like to use these while you wait



The nurse will take you to the sight testing room



Your carer can come too



They will check your eye sight

They will cover one of your eyes so they can check each eye



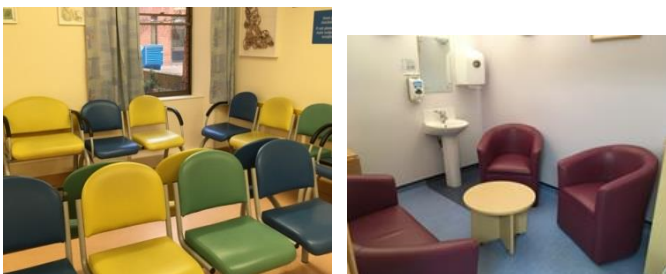
If you can read letters you will be tested with this chart



or you can point to the matching letter on a card



If you cannot read letters you can say what the pictures are



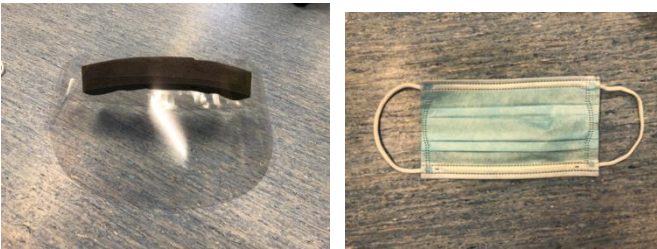
You will go back to the waiting area



The eye doctor will call your name



They will be wearing special clothes too



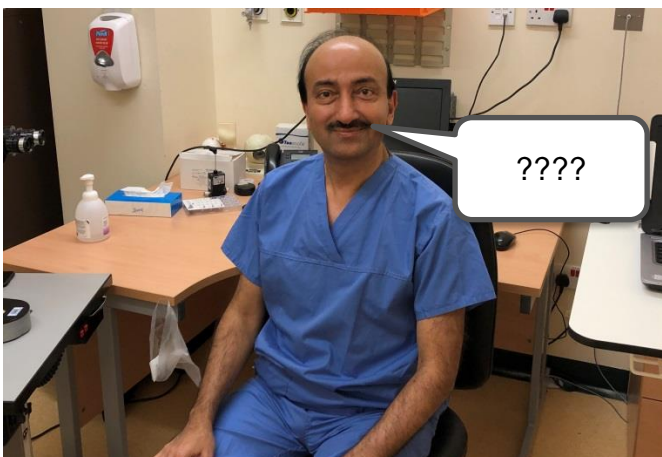
You will go into their clinic room



Your carer can come with you



You will sit in a chair near the doctor and all the equipment



The doctor will ask you some questions

Your carer can help you answer

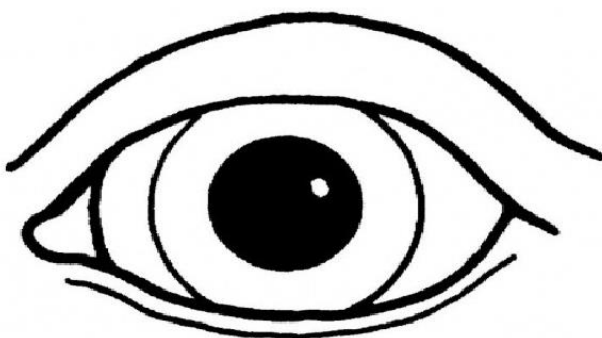


The doctor will look in your eyes using a Slit lamp

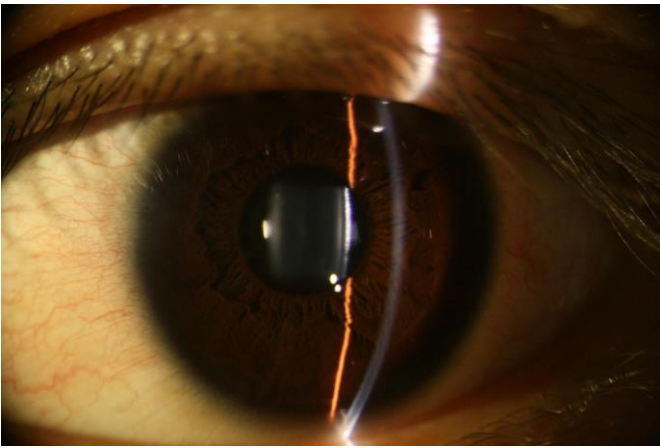
You will need to put your chin on the rest of the lamp



When the doctor looks into your eyes the light will be quite bright



You will need to keep your eyes open



This is what your eye looks like on the slit lamp



The doctor may need to do a pressure test
The tip of this is very blue

You need to keep your eye very still and open
It gets very close to your eye



They might put drops in your eyes

If these are going to sting they will tell you

Most of the drops just feel wet



The drops make your pupil very big so that it is easy to see inside your eye



The drops take 20 minutes to work



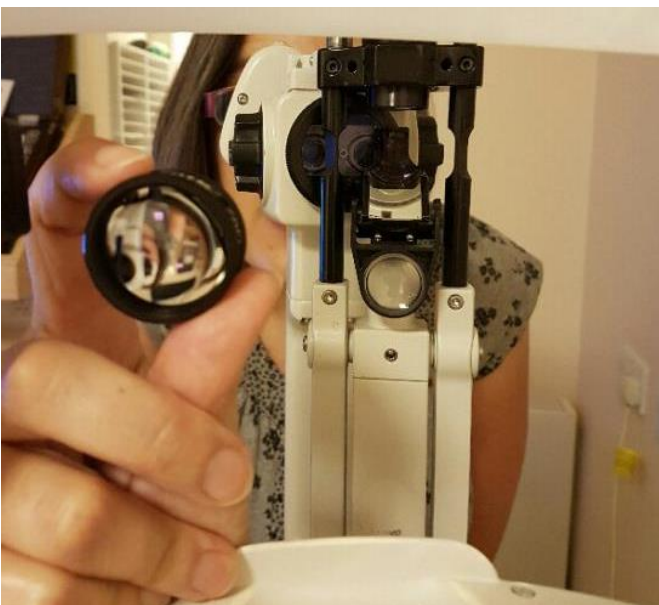
You will wait in the waiting area



The doctor will ask you to come back into their room again



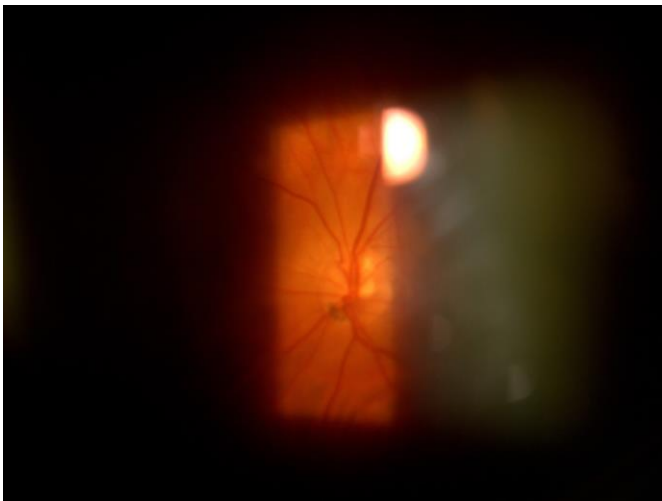
The doctor will need to look at your eyes again on the slit lamp



They may use a special lens



The light will shine in your eye



This is what the doctor sees



The doctor will tell you what will make your eyes better



The doctor may talk to you about consent



If you are unable to understand those that care about you and the doctor will make a decision in your best interest



The doctor may give you easy read information to help you understand



You may have to
come back and see
the doctor in
Outpatients another
day



Now you can go home



Follow the arrows to
leave outpatients



Go out of this door

Tell us what you think of this leaflet

We hope that you found this leaflet helpful. If you would like to tell us what you think, please contact Karen Pearce or Jo Blades from the Learning Disability Liaison Team, telephone 07917 184 539 or 07795 126 473 or email karen.pearce@york.nhs.uk or jo.blades@york.nhs.uk

Teaching, training and research

Our Trust is committed to teaching, training and research to support the development of health and healthcare in our community. Healthcare students may observe consultations for this purpose. You can opt out if you do not want students to observe. We may also ask you if you would like to be involved in our research.

Leaflets in alternative languages or formats

Please telephone or email if you require this information in a different language or format, for example Braille, large print or audio.

如果你要求本資 不同的 或 式提供 , 電或發電

Jeżeli niniejsze informacje potrzebne są w innym języku lub formacie, należy zadzwonić lub wysłać wiadomość e-mail

Bu bilgileri değişik bir lisanda ya da formatta istiyorsanız lütfen telefon ediniz ya da e-posta gönderiniz

Telephone: 01904 725566

Email: access@york.nhs.uk

Patient Advice and Liaison Service (PALS)

PALS offers impartial advice and assistance to patients, their relatives, friends and carers. We can listen to feedback (positive or negative), answer questions and help resolve any concerns about Trust services. PALS can be contacted on 01904 726262, or email pals@york.nhs.uk. An answer phone is available out of hours.

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