



easy read



**York and Scarborough
Teaching Hospitals**
NHS Foundation Trust

Coming to the hospital for an MRI scan



Information for patients, relatives and carers

If you have a learning disability and need support with your appointment please contact the Learning Disability Liaison Nurses:



Jo Blades

☎ 07795 126 473



Karen Pearce

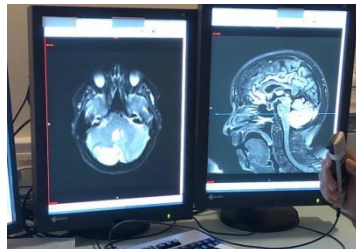
☎ 07917 184 539



Your Doctor has arranged for you to have an MRI scan



An MRI scan takes photos of the inside of your body



Please come to the Radiology Department



Your carer can wait with you



You and your carer will need to wear a face mask



Wear comfy clothes



Without zips or metal



With empty pockets



And no jewellery



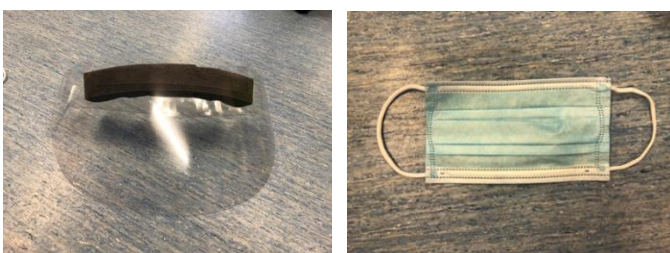
Tell the staff at the desk that you are here

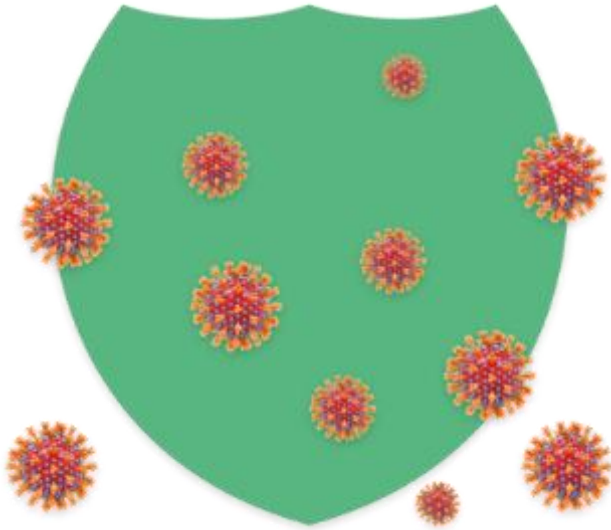


A nurse will meet you



They will be wearing special clothing





This is to keep you safe



They will take your temperature



This does not touch you



You will meet the Radiographer



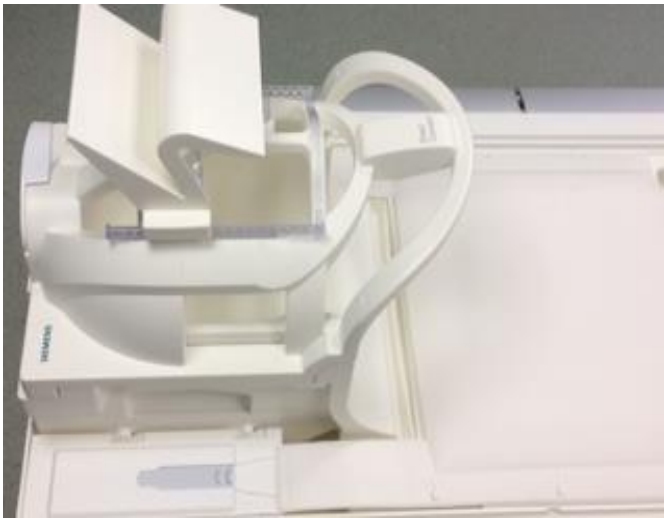
They will ask you questions about your medical history



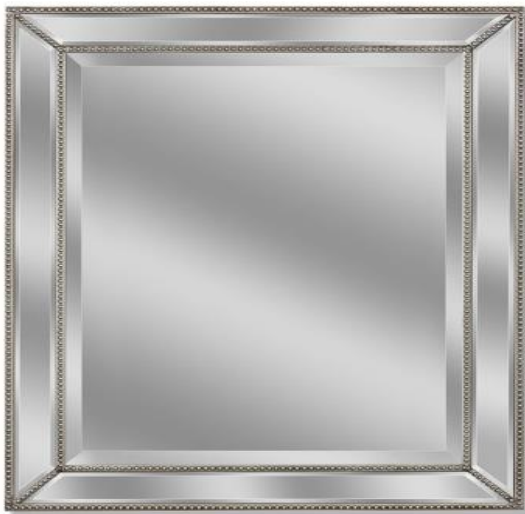
They will show you the MRI scanner



You lie down on the bed on your back



If you are having a head or neck scan you will have a helmet placed over you



It has a mirror on it so you can see the radiographer through the window



If you are having a scan of your abdomen or pelvis you will have a band over your tummy



When it takes the pictures the scanner is very noisy

It makes lots of banging sounds



To make it quieter you can wear earplugs and headphones





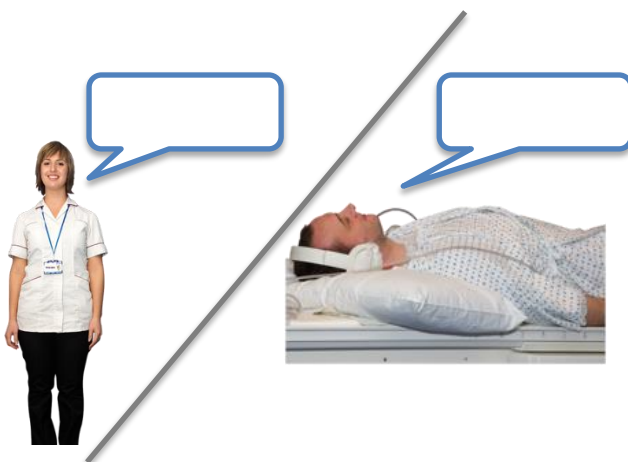
You can have music playing during your scan

You can bring your favourite CD

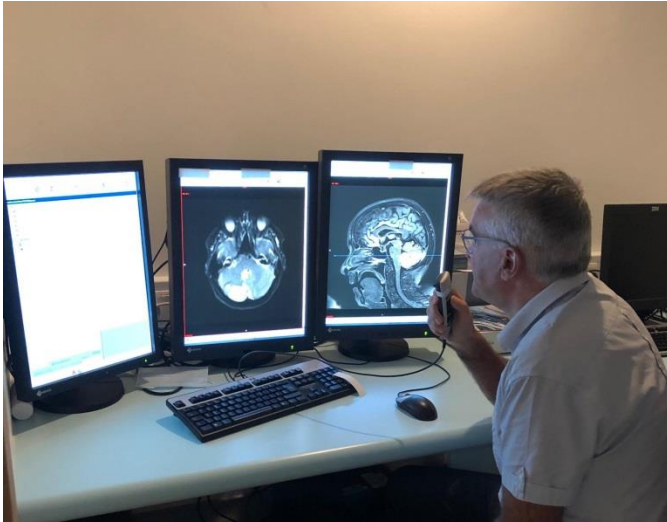


You will have a buzzer to hold

Squeeze it if you need help



During the scan the radiographer can talk to you and can hear you talk to them



It is very important that you keep still when it is noisy

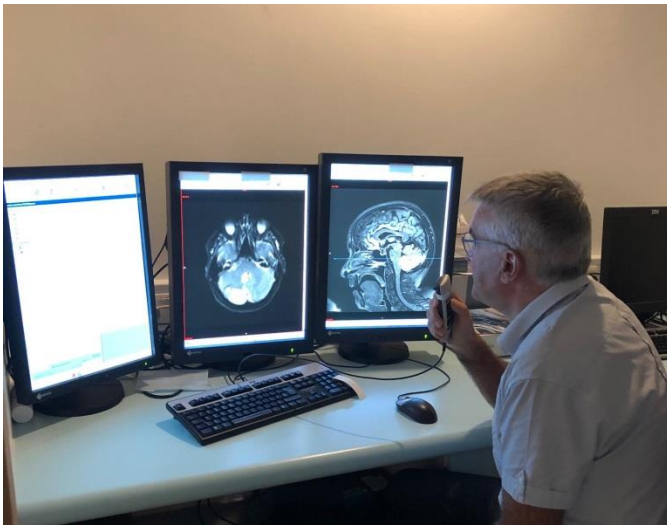
This is when the pictures are taken



Your scan may take up to half an hour



When the scan is finished you can go home



A Specialist Doctor will read the scan



They will send the results to your doctor

Tell us what you think of this leaflet

We hope that you found this leaflet helpful. If you would like to tell us what you think, please contact Karen Pearce or Jo Blades from the Learning Disability Liaison Team, telephone 07917 184 539 or 07795 126 473 or email karen.pearce@york.nhs.uk or jo.blades@york.nhs.uk

Teaching, training and research

Our Trust is committed to teaching, training and research to support the development of health and healthcare in our community. Healthcare students may observe consultations for this purpose. You can opt out if you do not want students to observe. We may also ask you if you would like to be involved in our research.

Leaflets in alternative languages or formats

Please telephone or email if you require this information in a different language or format, for example Braille, large print or audio.

如果你要求本資 不同的 或 式提供 , 電或發電

Jeżeli niniejsze informacje potrzebne są w innym języku lub formacie, należy zadzwonić lub wysłać wiadomość e-mail

Bu bilgileri değişik bir lisanda ya da formatta istiyorsanız lütfen telefon ediniz ya da e-posta gönderiniz

Telephone: 01904 725566

Email: access@york.nhs.uk

Patient Advice and Liaison Service (PALS)

PALS offers impartial advice and assistance to patients, their relatives, friends and carers. We can listen to feedback (positive or negative), answer questions and help resolve any concerns about Trust services. PALS can be contacted on 01904 726262, or email pals@york.nhs.uk. An answer phone is available out of hours.

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