

**easy read**

# Going for an MRI scan when you are in hospital



Information for patients, relatives and carers

If you have a learning disability and need support with your appointment please contact the Learning Disability Liaison Nurses:



Jo Blades

☎ 07795 126 473



Karen Pearce

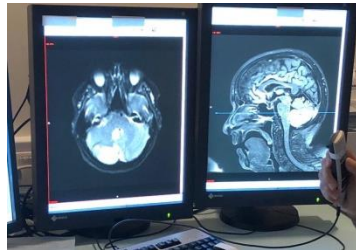
☎ 07917 184 539



Your Doctor has arranged for you to have an MRI scan



An MRI scan takes photos of the inside of your body



The nurses on the ward will give a gown to wear for your scan



And also make sure  
your not wearing any  
metal, like jewellery



A porter will take you  
to the Radiology  
Department



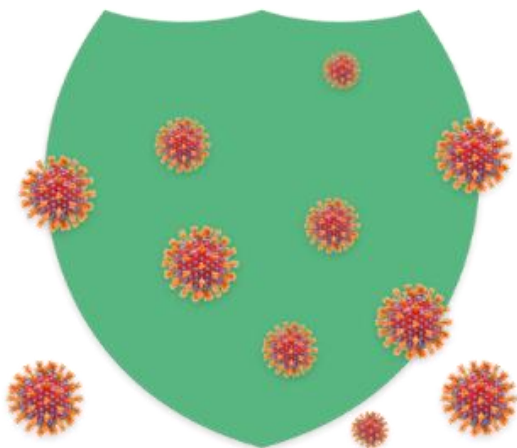
A nurse can come  
too if you would like



You will meet the radiographer



They will be wearing special clothing



This is to keep you safe



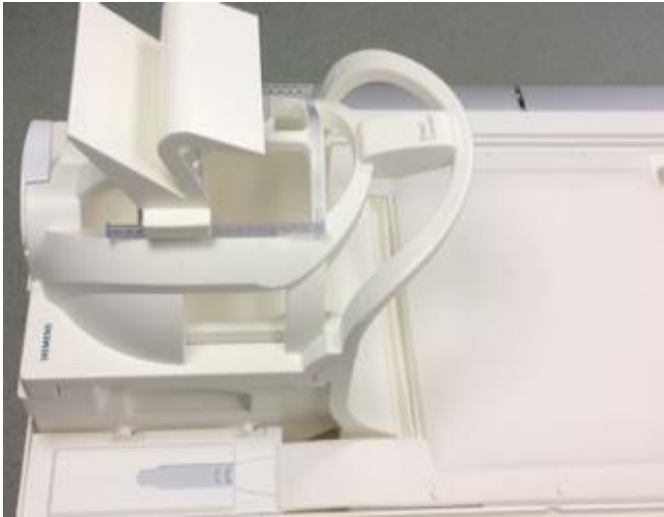
They will ask you questions about your medical history



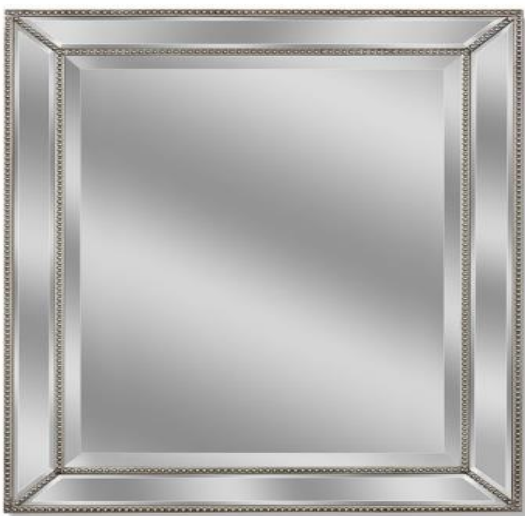
They will show you the MRI scanner



You lie down on the bed on your back



If you are having a head or neck scan you will have a helmet placed over you



It has a mirror on it so you can see the radiographer through the window



If you are having a scan of your abdomen or pelvis you will have a band over your tummy



When it takes the pictures the scanner is very noisy

It makes lots of banging sounds



To make it quieter you can wear earplugs and headphones



You can have music playing during your scan

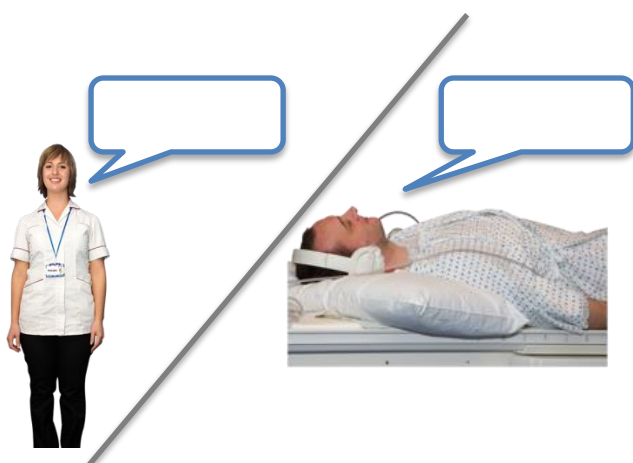
You can bring your favourite CD



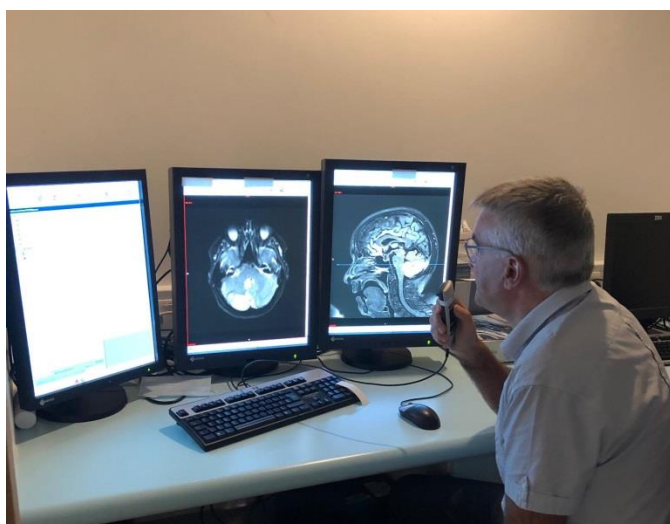


You will have a buzzer to hold

Squeeze it if you need help



During the scan the radiographer can talk to you and can hear you talk to them



It is very important that you keep still when it is noisy

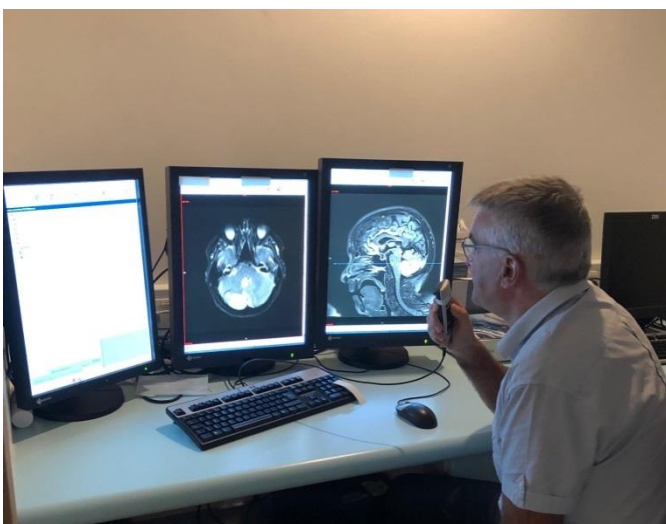
This is when the pictures are taken



Your scan may take up to half an hour



A porter will bring you back to the ward when it is finished



A Specialist Doctor will read the scan



They will send the  
results to your doctor  
on the ward

## Tell us what you think of this leaflet

We hope that you found this leaflet helpful. If you would like to tell us what you think, please contact Karen Pearce or Jo Blades from the Learning Disability Liaison Team, telephone 07917 184 539 or 07795 126 473 or email [karen.pearce@york.nhs.uk](mailto:karen.pearce@york.nhs.uk) or [jo.blades@york.nhs.uk](mailto:jo.blades@york.nhs.uk)

## Teaching, training and research

Our Trust is committed to teaching, training and research to support the development of health and healthcare in our community. Healthcare students may observe consultations for this purpose. You can opt out if you do not want students to observe. We may also ask you if you would like to be involved in our research.

## Leaflets in alternative languages or formats

Please telephone or email if you require this information in a different language or format, for example Braille, large print or audio.

如果你要求本資 不同的 或 式提供 , 電或發電

Jeżeli niniejsze informacje potrzebne są w innym języku lub formacie, należy zadzwonić lub wysłać wiadomość e-mail

Bu bilgileri değişik bir lisanda ya da formatta istiyorsanız lütfen telefon ediniz ya da e-posta gönderiniz

Telephone: 01904 725566

Email: [access@york.nhs.uk](mailto:access@york.nhs.uk)

## Patient Advice and Liaison Service (PALS)

PALS offers impartial advice and assistance to patients, their relatives, friends and carers. We can listen to feedback (positive or negative), answer questions and help resolve any concerns about Trust services. PALS can be contacted on 01904 726262, or email [pals@york.nhs.uk](mailto:pals@york.nhs.uk). An answer phone is available out of hours.

Owner	Karen Pearce & Jo Blades Learning Disability Liaison Team
Date first issued	December 2020
Review Date	December 2023
Version	1 (issued December 2020)
Approved by	Learning Disability Liaison Nurses and Radiology Department
Document Reference	PIL 1496 v1

© 2020 York Teaching Hospital NHS Foundation Trust. All Rights reserved.