



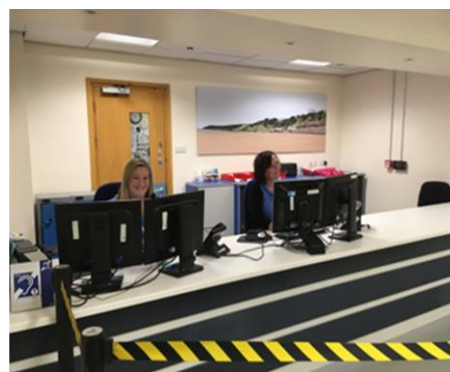
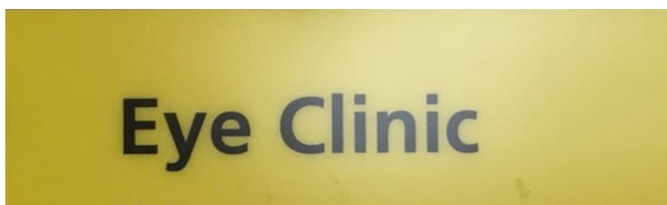
easy read



**York and Scarborough
Teaching Hospitals**
NHS Foundation Trust



Coming to Scarborough hospital to see the Orthoptist in outpatients



Information for patients, relatives and carers

If you have a learning disability and need support with your appointment please contact the Learning Disability Liaison Nurses:



Jo Blades

☎ 07795 126 473



Karen Pearce

☎ 07917 184 539



Your GP or Optician has referred you to the hospital to see a more specialist eye doctor



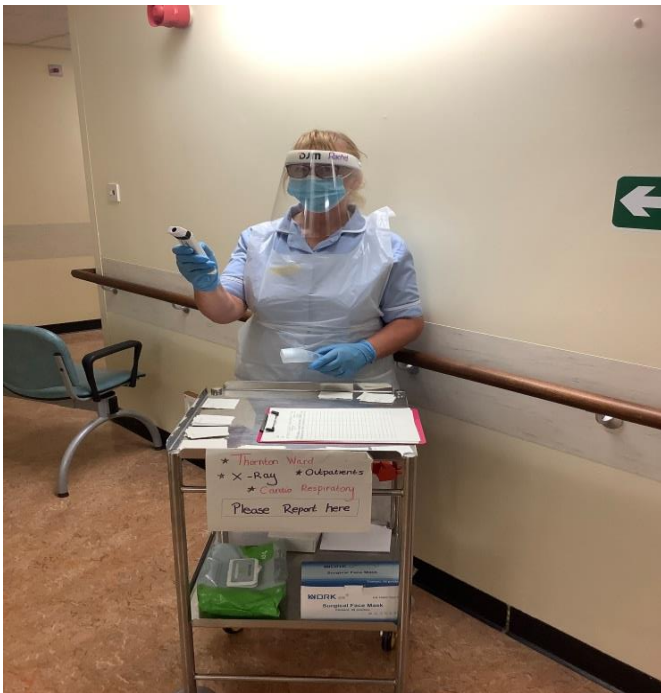
This appointment is in the Eye Department in Outpatients



Your carer can come with you



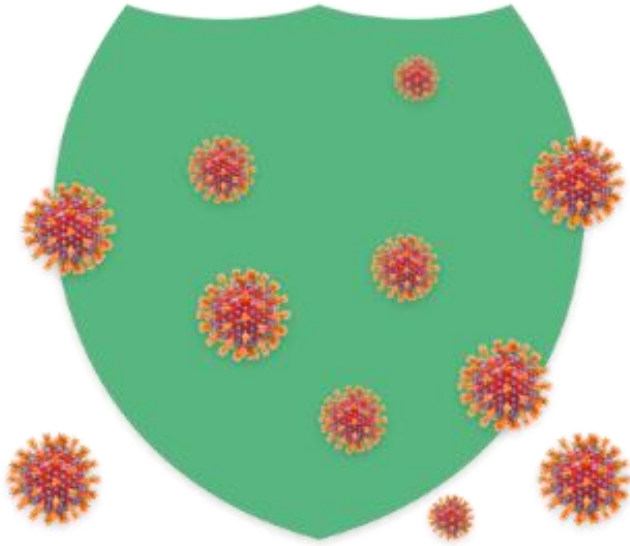
You and your carer will need to wear a face mask



A nurse will meet you at the Outpatients door



They will be wearing special clothes



This is to keep everyone safe



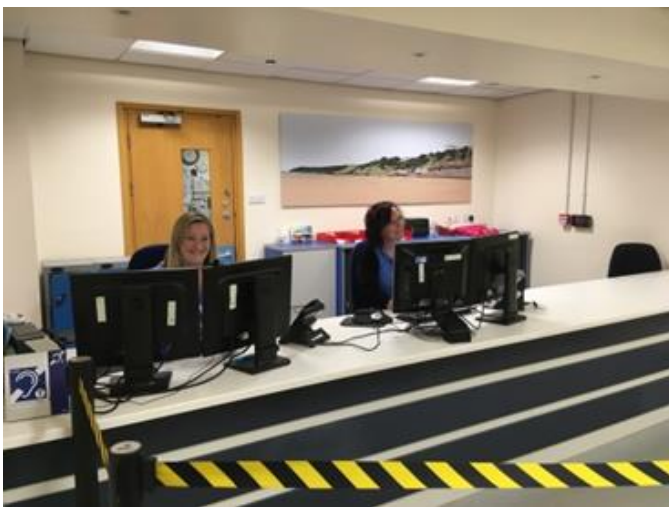
They will take your temperature



This does not touch you



They will ask if you have had a cough, temperature or have lost your smell or taste



Tell the staff at the desk that you are here

They will tell you where to go



This is the sign for the eye clinic where you need to go



You can only walk through Outpatients one way



There are signs to show you



The nurse will meet you



You will sit down to wait in the waiting area



If you need a quiet place to wait we have a room you can use



We also have colouring, games or a DVD player if you would like to use these while you wait



The Orthoptist will call your name



They will be wearing special clothes too

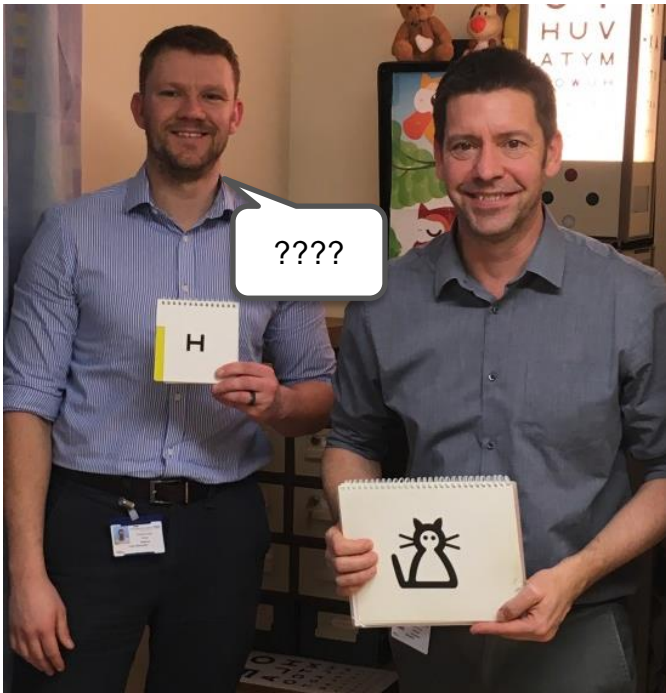


You will go into the Orthoptist's room

Your carer can go with you



Your carer can come with you



They will ask you some questions

Your carer can help you to answer



They will want to check your eye sight

They will cover one of your eyes so they can check each eye on its own



If you can read letters you will be tested with this chart



or you can point to the matching letter on a card



If you cannot read letters you can say what the pictures are



The Orthoptist will test one eye at a time

They will cover the other eye



The Orthoptist will ask you to look at a torch and follow it with your eyes



You will need to look at something very small and close up



A prism will be put in front of your eye to check if your eyes point in the same direction as each other



You will be given special glasses with 1 with a red filter and 1 with a green filter



When you have the glasses on you might be able to see in 3D



The Orthoptist will tell you what will happen next

Tell us what you think of this leaflet

We hope that you found this leaflet helpful. If you would like to tell us what you think, please contact Karen Pearce or Jo Blades from the Learning Disability Liaison Team, telephone 07917 184 539 or 07795 126 473 or email karen.pearce@york.nhs.uk or jo.blades@york.nhs.uk

Teaching, training and research

Our Trust is committed to teaching, training and research to support the development of health and healthcare in our community. Healthcare students may observe consultations for this purpose. You can opt out if you do not want students to observe. We may also ask you if you would like to be involved in our research.

Leaflets in alternative languages or formats

Please telephone or email if you require this information in a different language or format, for example Braille, large print or audio.

如果你要求本資 不同的 或 式提供 , 電或發電

Jeżeli niniejsze informacje potrzebne są w innym języku lub formacie, należy zadzwonić lub wysłać wiadomość e-mail

Bu bilgileri değişik bir lisanda ya da formatta istiyorsanız lütfen telefon ediniz ya da e-posta gönderiniz

Telephone: 01904 725566

Email: access@york.nhs.uk

Patient Advice and Liaison Service (PALS)

PALS offers impartial advice and assistance to patients, their relatives, friends and carers. We can listen to feedback (positive or negative), answer questions and help resolve any concerns about Trust services. PALS can be contacted on 01904 726262, or email pals@york.nhs.uk. An answer phone is available out of hours.

Owner	Jo Blades & Karen Pearce Learning Disability Liaison Team
Date first issued	December 2020
Review Date	December 2023
Version	1 (issued December 2020)
Approved by	Learning Disability Liaison Nurses and Scarborough Outpatients Department
Document Reference	PIL 1485 v1
© 2020 York Teaching Hospital NHS Foundation Trust. All Rights reserved.	