



York and Scarborough
Teaching Hospitals
NHS Foundation Trust

Intravenous Iron In-Hospital Dialysis

Information for patients, relatives and carers

① For more information, please contact:

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Introduction

Please read this leaflet carefully and discuss any questions you may have with your doctor.

Intravenous (iv) iron is used to treat iron deficiency in patients undergoing haemodialysis. The aim of treatment is to replenish the body's iron stores.

IV iron can cause allergic reactions and in a small number of cases can become severe or life threatening (known as anaphylactic reactions). The type of iron we use has a low incidence of causing severe reactions.

Administration and monitoring

You should not be given iv iron if:

- You are allergic (hypersensitive) to the product or any of its ingredients
- You have experienced serious allergic (hypersensitive) reactions to other iv iron in the past (it's important to know that a reaction can still happen even if you have not had an allergic reaction)

Your doctor will check your medical history and allergies and decide whether iv iron is indicated. You must let a member of staff know if you have any allergies.

If you have too much iron in your body or you are not iron deficient, you should not receive intravenous iron. Your iron levels will be routinely monitored with your monthly bloods.

Advice from the Medicines Advisory Agency states that iv iron products should only be administered when appropriately trained staff and resuscitation facilities are immediately available.

We have many years' experience of using iv iron. In that time, we have never experienced a severe reaction. We have considered the risks of receiving this treatment and we believe the benefits hugely outweigh any risk.

In hospital you will be closely monitored for signs of hypersensitivity during and for at least 30 minutes after every administration. In the event of a hypersensitivity reaction, treatment will be stopped immediately, and appropriate management initiated.

Tell your doctor or nurse straight away if the following occurs during or shortly after treatment with intravenous iron:

- Rash
- Itching
- Dizziness or light headedness
- Swelling of lips, tongue, throat, or body
- Difficulty breathing or wheezing

Use in pregnancy

It is important to tell your doctor if you are pregnant or planning to become pregnant before you are given intravenous iron.

Intravenous iron should be avoided in the first 12 weeks of pregnancy. It may be used in the later stages of pregnancy under the advice of an obstetrician.

For further information regarding intravenous iron, please ask a member of staff for the information leaflet that comes with the particular product you have been prescribed.

Tell us what you think of this leaflet

We hope that you found this leaflet helpful. If you would like to tell us what you think, please contact: Matt Cooke, Pharmacy Department, The York Hospital, telephone 01904 725963.

Teaching, training and research

Our Trust is committed to teaching, training and research to support the development of health and healthcare in our community. Healthcare students may observe consultations for this purpose. You can opt out if you do not want students to observe. We may also ask you if you would like to be involved in our research.

Patient Advice and Liaison Service (PALS)

PALS offers impartial advice and assistance to patients, their relatives, friends and carers. We can listen to feedback (positive or negative), answer questions and help resolve any concerns about Trust services.

PALS can be contacted on 01904 726262, or email yhs-tr.patientexperienceteam@nhs.net.

An answer phone is available out of hours.

Leaflets in alternative languages or formats

Please telephone or email if you require this information in a different language or format, for example Braille, large print or audio.

如果你要求本資 不同的 或 式提供，電
或發電

Jeżeli niniejsze informacje potrzebne są w innym języku lub formie, należy zadzwonić lub wysłać wiadomość e-mail

Bu bilgileri değişik bir lisanda ya da formatta istiyorsanız lütfen telefon ediniz ya da e-posta gönderiniz

Telephone: 01904 725566

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