



York and Scarborough
Teaching Hospitals
NHS Foundation Trust

Support for Children and Young People with epilepsy

Information for patients, relatives and carers

Children's Assessment Unit

My name is

.....

I am based at

.....

You can contact me or leave a message on
telephone:

.....

My usual working days are

.....

Introduction

I am a Children's Epilepsy Nurse offering a service for children and their parents or carers.

As a parent or carer of a child with epilepsy, you may have many concerns. Together we can identify your concerns and how to help you with them. For many families your main aim will be to gain some control over your child's epilepsy.

If you have an urgent medical enquiry and are unable to contact me, please contact your GP or consultant paediatrician.

I can help you to:

1. Describe and record your child's seizures more accurately
2. Provide you with information about anti-epileptic drugs and life-style choices
3. Provide you with information about national epilepsy associations and support groups
4. Work with your child's school to minimize any effects that their epilepsy may have on their education
5. Achieve a better understanding of your child's epilepsy and provide support and advice
6. Aim to overcome any other difficulties you may experience as result of your child having epilepsy.

Tell us what you think of this leaflet

We hope that you found this leaflet helpful. If you would like to tell us what you think, please contact:

Ailsa Grassam, Epilepsy Specialist Nurse, Scarborough Hospital, Woodlands Drive, Scarborough, YO12 6QL, telephone 01723 236335.

Teaching, training and research

Our Trust is committed to teaching, training and research to support the development of health and healthcare in our community. Healthcare students may observe consultations for this purpose. You can opt out if you do not want students to observe. We may also ask you if you would like to be involved in our research.

Patient Advice and Liaison Service (PALS)

PALS offers impartial advice and assistance to patients, their relatives, friends and carers. We can listen to feedback (positive or negative), answer questions and help resolve any concerns about Trust services.

PALS can be contacted on 01904 726262, or email pals@york.nhs.uk.

An answer phone is available out of hours.

Leaflets in alternative languages or formats

Please telephone or email if you require this information in a different language or format, for example Braille, large print or audio.

如果你要求本資 不同的 或 式提供 , 電
或發電

Jeżeli niniejsze informacje potrzebne są w innym języku lub formacie, należy zadzwonić lub wysłać wiadomość e-mail

Bu bilgileri değişik bir lisanda ya da formatta istiyorsanız lütfen telefon ediniz ya da e-posta gönderiniz

Telephone: 01904 725566

Email: access@york.nhs.uk

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