

My Going to Surgery

Puzzle Book



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This book belongs to

.....

I am having surgery on:

____ / ____ /

My Doctor's name is:

I live in:

My hobbies are:



What is an anaesthetic?

An anaesthetic is a like a deep sleep. It means you will not see, feel or hear anything for your operation.

Why do I need an anaesthetic?

You will most probably be having an operation in hospital. When people come into hospital for operations, they have an anaesthetic so they do not feel, hear or see anything. A lot of people each day have an anaesthetic.

Who gives me an anaesthetic?

The anaesthetist will give you your anaesthetic. They are specially trained doctors who work in the hospital. The anaesthetist will come and speak to you before your operation to explain what they will do.

Where will I have my anaesthetic?

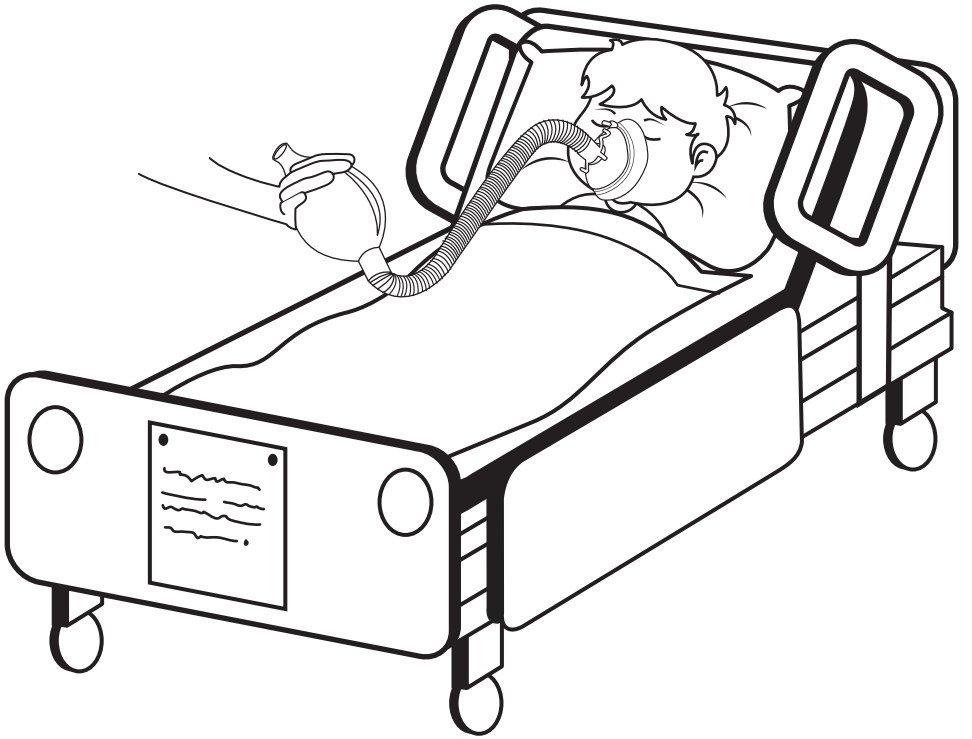
You will come to the anaesthetic room to have the anaesthetic. You can bring a family member with you. The operating theatres are where you will have your operation once you are asleep.

How do I have an anaesthetic?

There are two ways to be given an anaesthetic. A small plastic tube (cannula) may be put in your hand. The anaesthetic medicine is put into this tube. It works very quickly. Sometimes it feels a little bit cold in your arm. You can also breathe some anaesthetic gas through a facemask. The gas smells quite sweet, a bit like strong sweets.

Does an anaesthetic hurt?

Before the plastic tube is put in your hand, some numbing cream is used on your hand to make it more comfortable for you. When the tube goes in it may tingle. The anaesthetic medicine can feel cold when it is put in the tube. Just before you go to sleep, you may feel a little bit dizzy, like when you spin around in a circle very fast. This doesn't last very long.



Wordsearch

Find all 11 words in the wordsearch

Bed

Mask

Hospital

Operation

Nurse

Ward

Sleep

Doctor

Cannula

Medicine

Recovery



R	E	C	O	V	E	R	Y	N	M
H	J	Y	A	X	J	N	O	V	E
R	O	T	C	O	D	I	B	C	D
P	R	S	U	E	T	S	A	P	I
E	B	U	P	A	S	N	O	K	C
E	G	E	R	I	N	R	S	Q	I
L	Y	E	D	U	T	A	U	M	N
S	P	N	L	R	M	A	G	N	E
O	L	A	C	A	I	C	L	W	S
S	Y	N	H	W	A	R	D	C	H

Good work! 

What happens on the day of the operation?

You and your family will come into the ward and meet the nurse. The nurse will ask you and your parents some questions. They might also weigh you and measure your temperature and heart rate. They will put the numbing cream on your hands before you go to the operating theatre. This is where you have your anaesthetic and operation.

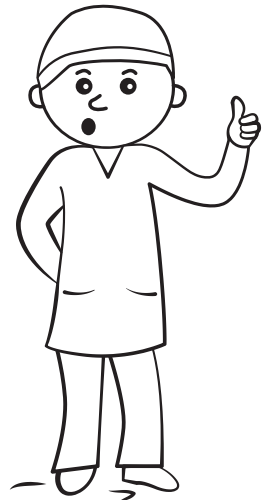
The doctor doing the operation will come and speak to you, the anaesthetist will do too.

You will have to wait for a while on the ward before your operation. You can bring a small game, book or toy in with you to use while you wait. Your tummy needs to be empty for your operation so you will not be able to eat anything.

A nurse will take you and someone from your family to the operating theatre. Everyone will stay there while you have your anaesthetic. You can bring a small book or toy with you. It is a good idea to wear some comfortable clothes.



Hi!
I'm Mrs
Luggs



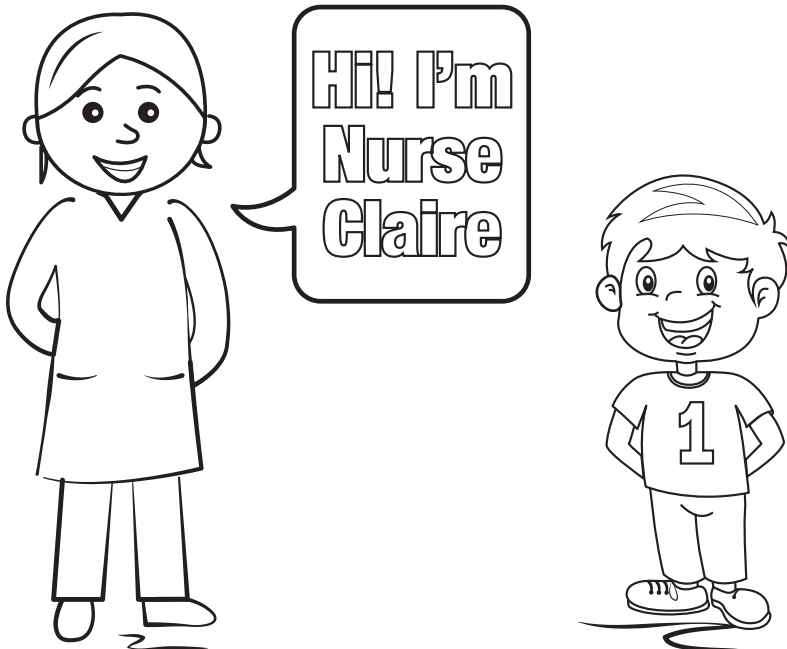
Dr. Stan

When you get to the operating theatre, your anaesthetist will be waiting for you. They will take the numbing cream off your hands. They will also need to ask you some quick questions. You can sit on the bed or on the lap of the person you have brought with you.

Your anaesthetist will give you your anaesthetic with either the plastic tube or mask.

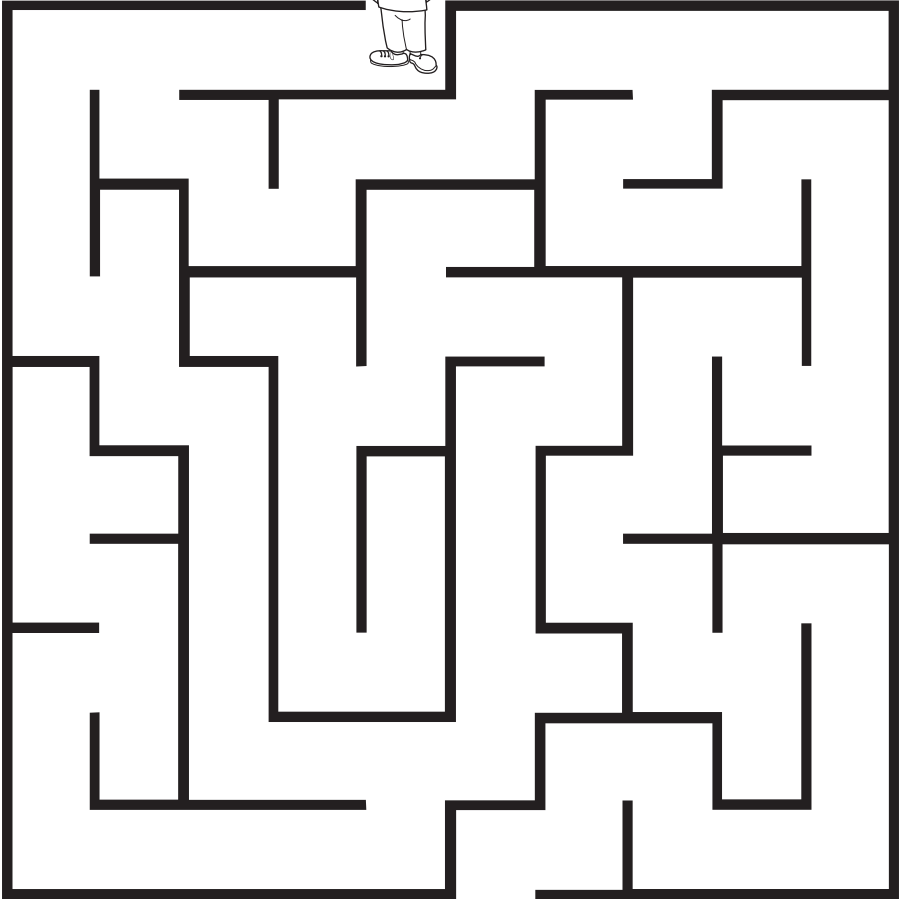
When you wake up, your operation will be done and you will be in the recovery area with a nurse looking after you. Sometimes you can feel a little bit strange when you wake up. The nurse is there to help and make sure you are OK. If you are not happy let them know and they will sort it out. Your family will be there too.

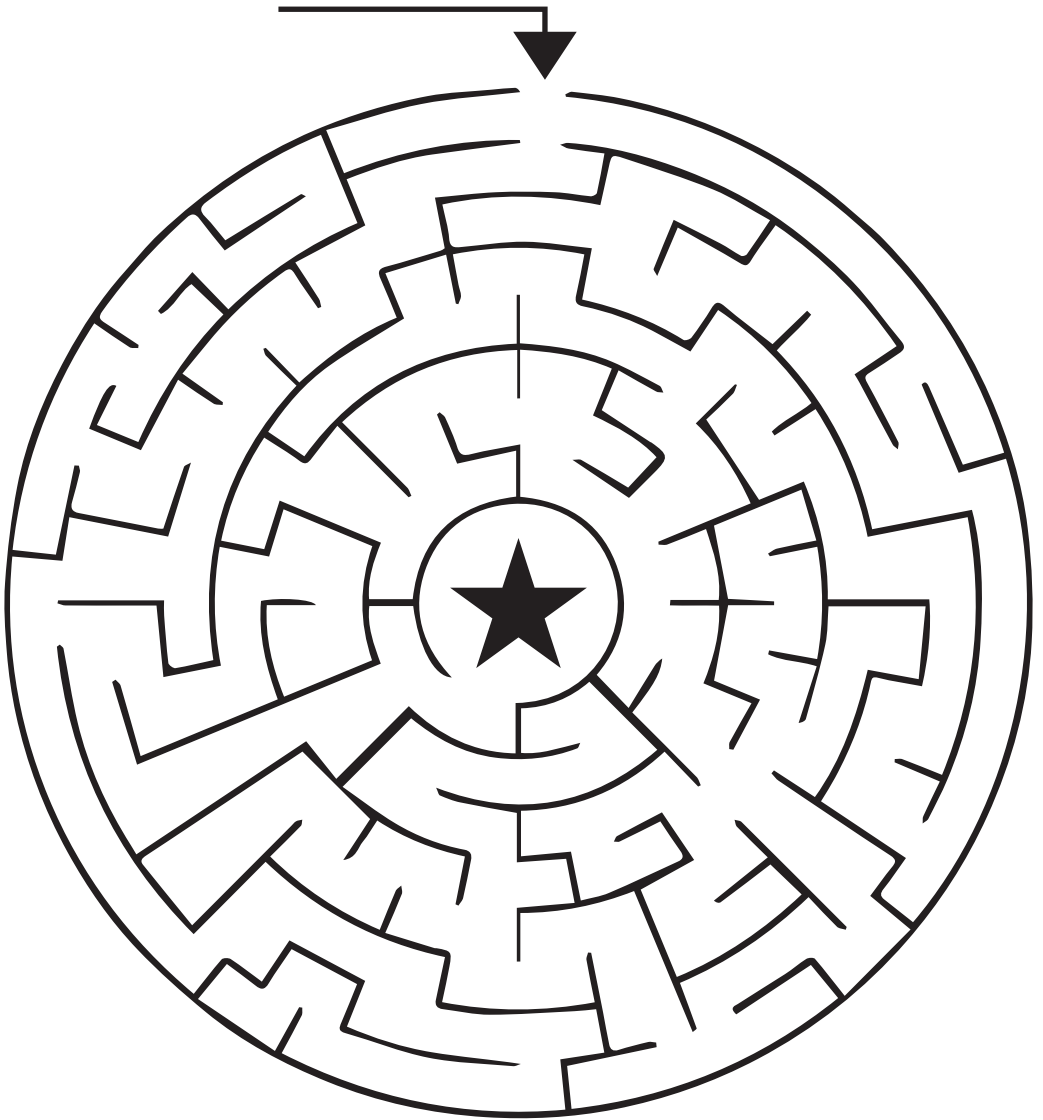
When you are awake, you will go back to the ward. You will be allowed to have something to eat and drink on the ward. You will be able to go home when you are feeling awake enough.



Hospital Maze

Can you help the patient get through the hospital to the operating theatre?

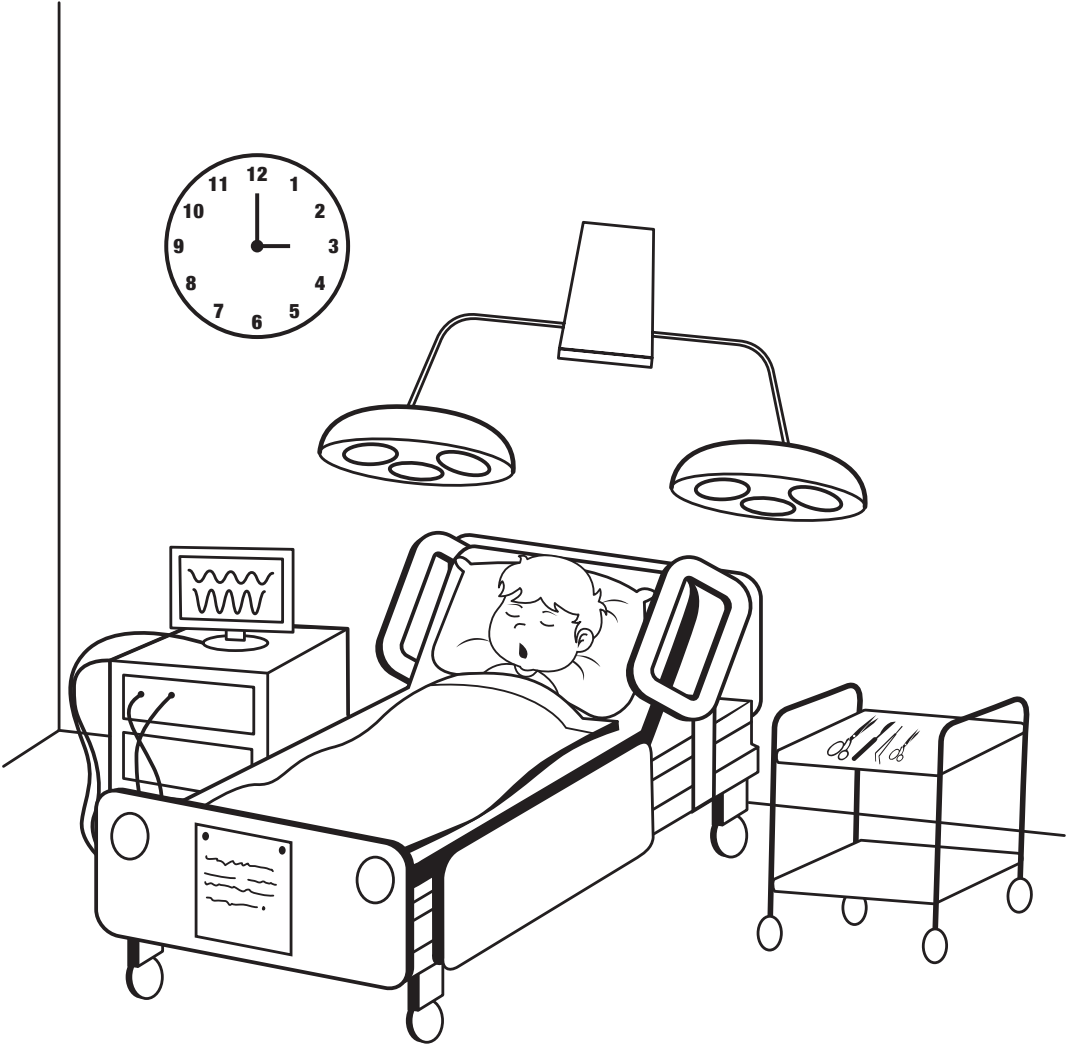


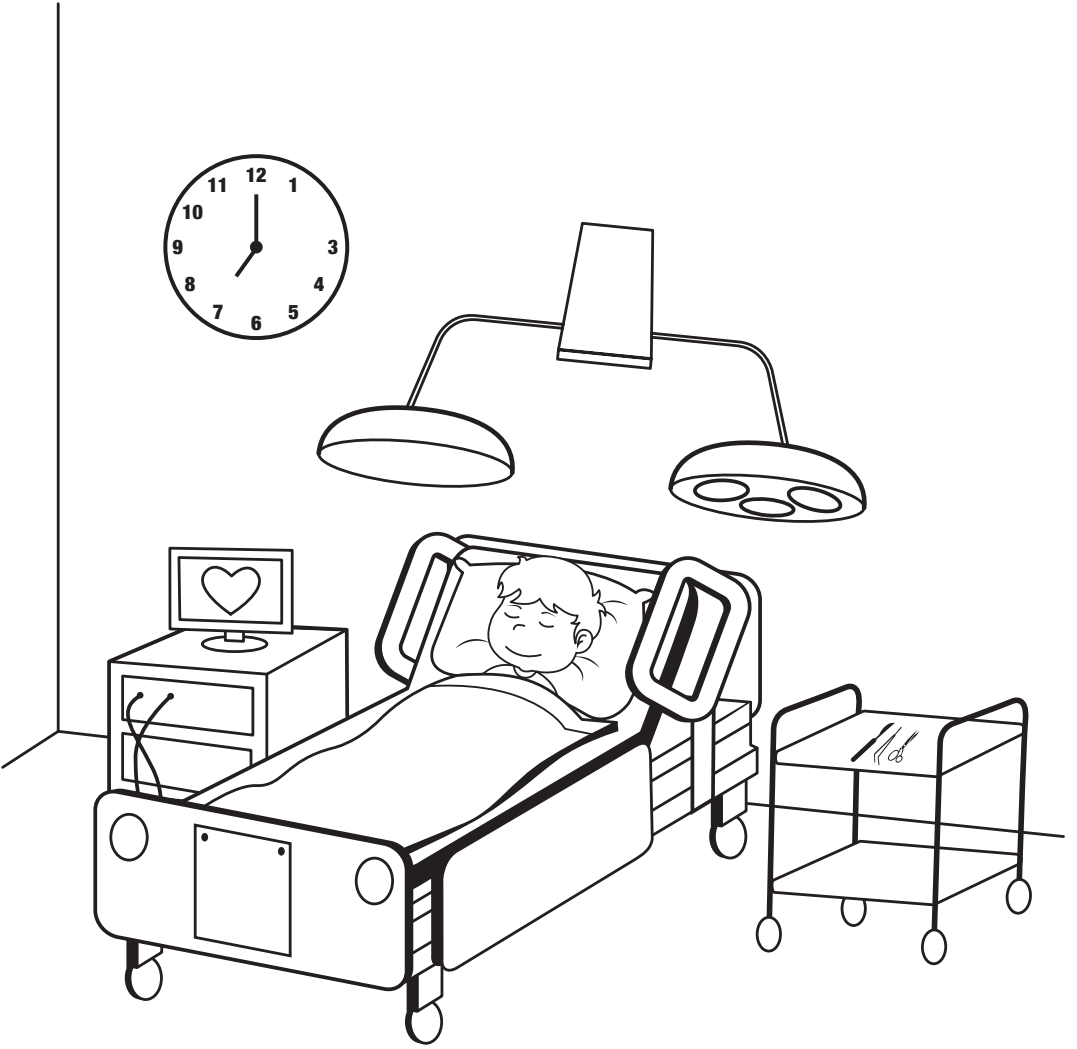


Youmadeit! 😊

Spot the Difference

There are 8 differences to find!





If you have any questions about your anaesthetic or hospital visit, you can write them down here so you remember to ask when you come in.

Person I want to ask	Question I want to ask

Person I want to ask	Question I want to ask

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require this information in a different
language or format

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Large print



Electronic

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