



## Information for patients, relatives and carers

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# Needlestick or Sharps Injury

### Discharge advice

You have been discharged from the emergency department following treatment for an injury sustained by a needlestick, bite or other sharp implement. You have undergone a risk assessment for exposure to blood borne viruses, and had a discussion about those risks.

A blood test has been taken, this is not tested now but it is stored in case it needs to be tested in the future for Hepatitis B, C or HIV.

You have been given the following advice or treatment:

- No treatment necessary
- Hepatitis B vaccination
- PEP (post exposure prophylaxis for high risk HIV exposure)
- Antibiotics (for human bites only)

This has been done in accordance with local and national guidelines for the care of patients who have potentially been exposed to blood borne viruses.

## Follow up

If you are a York and Scarborough Teaching Hospitals NHS Foundation Trust worker you will be followed up in the Occupational Health department and you should make an appointment to see them during office hours.

Most other patients are followed up by their GP. Your GP will arrange to give you two further doses of hepatitis B vaccination at monthly intervals, if necessary. They can also arrange testing for HIV, Hepatitis B and C three months after your injury. Some patients may be advised to have additional testing at six weeks or six months after the injury.

If you have been given PEP, you will be followed up in the YorSexualHealth clinic. You should make an appointment as soon as possible in office hours.

**YorSexualHealth** - [www.yorsexualhealth.org.uk](http://www.yorsexualhealth.org.uk)

Telephone number: 01904 721111

❶ If you have further concerns about your condition, please contact your GP. If you are not sure what to do, call 111 or get help from 111 online:

<https://111.nhs.uk/>      [When to use NHS 111 - NHS \(www.nhs.uk\)](http://www.nhs.uk)

## Patient Advice and Liaison Service (PALS)

We can listen to feedback (positive or negative), answer questions and help resolve any concerns about Trust services.

PALS can be contacted on 01904 726262, or email [yhs-tr.PatientExperienceTeam@nhs.net](mailto:yhs-tr.PatientExperienceTeam@nhs.net).

An answer phone is available out of hours.

## Leaflets in alternative languages or formats

If you require this information in a different language or format, for example Braille, large print, Easy Read or audio, please ask the staff who are looking after you.

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