

Attending the FibroScan Clinic

Information for patients, relatives and carers

Hepatology Service

York Hospital, Wigginton Road, York, YO31 8HE

- ① For more information, please contact:
The Hepatology Specialist Nurses, Telephone: 01904 725037
Email: yhs-tr.hepatology.cns@nhs.net.
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What is a FibroScan?

Examination with FibroScan, also called transient elastography, is a technique used to assess liver stiffness without invasive investigation. The result shows the condition of the liver and allows physicians to diagnose and monitor disease evolution in conjunction with treatment and other factors. Exam results help to anticipate various complications, as well as to monitor and assess the damage caused by conditions such as cirrhosis.

Can I eat before the FibroScan examination?

No. Please do not eat any food and only drink clear liquids for three hours before your scan.

Is it painful?

No. The FibroScan examination is painless, quick and easy. During measurement, you might feel a slight vibration on the skin at the tip of the probe.

What does the FibroScan examination consist of?

The operator applies a water-based gel to the skin and places the probe with a slight pressure.

What does the result mean?

Your doctor interprets the result according to your history and underlying disease and will discuss this with you at your next appointment.

Who can prescribe the FibroScan examination?

Your consultant or hepatologist will indicate the most appropriate time for you to have the examination.

What difference does FibroScan make for me?

- The exam is easy, fast, painless and non-invasive.
- In case of close follow-up, the examination can be safely repeated.

In Brief:

The result obtained with FibroScan will allow your doctor or consultant to monitor your liver health over time with or without treatment.

The FibroScan examination shall not be used:

- On any other organ than the liver
- On wounds
- On patients with ascites

Tell us what you think of this leaflet

We hope that you found this leaflet helpful. If you would like to tell us what you think, please contact: Dawn Orange / Naomi Gott, Hepatology Nurse Specialists, Hepatology Service, York Hospital, Wigginton Road, York, YO31 8HE, telephone 01904 725037 or email yhs-tr.hepatology.cns@nhs.net.

Patient Advice and Liaison Service (PALS)

PALS offers impartial advice and assistance to patients, their relatives, friends and carers. We can listen to feedback (positive or negative), answer questions and help resolve any concerns about Trust services.

PALS can be contacted on 01904 726262, or email yhs-tr.patientexperienceteam@nhs.net

An answer phone is available out of hours.

Teaching, training and research

Our Trust is committed to teaching, training and research to support the development of health and healthcare in our community. Healthcare students may observe consultations for this purpose. You can opt out if you do not want students to observe. We may also ask you if you would like to be involved in our research.

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